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Community Invited to Event Honoring Area Health and Wellness Advocate

Renaissance Athletic Club (RAC) in Benton Harbor invites the community to a very special ribbon cutting on Thursday afternoon August 18, 2022, at 4:30pm. RAC will host a grand opening event for their newly renovated personal training studio named the 'Jason Raynor Training Studio', an homage to Jason Raynor, an NFL trainer, Nike Master Trainer, and founder of Trainer Raynor LLC.

Raynor was instrumental in starting the RAC's personal training program, workplace wellness program and started the club's sports specific program for area student athletes. He tragically passed away in a vehicle accident in November of 2021.

RAC owner Sean Todman wanted to find a way to honor Jason's commitment to fitness, and his legacy, by creating this dedicated space for individuals to achieve their health and wellness goals. This new studio is one of the ways to pay tribute to his legacy and to share what he was so passionate about with as many people as possible.

"Those who were a part of the RAC in its early days know the impact Jason had here, many of whom personally learned and benefitted from his knowledge and support. Through this new space, every team member, club member, and guest will have an opportunity to learn about the person he was and the impact he had," says Todman.

The ribbon cutting event, co-hosted by the Southwest Michigan Regional Chamber and Cornerstone Alliance, will feature a free HIIT class open to the public, tastings provided by North Pier Brewery and Good Boy Vodka, food samplings from Kingfisher Cocktails & Tacos with music by DJ Snaackz. Attendees will receive a free one-month membership to the RAC, a fitness assessment, and a free personal training session. In honor of Raynor, the club will be launching sign-ups for its six-week workplace wellness challenge to help area companies bring the benefits of health and wellness to their employees.

The ribbon cutting will take place at 4:30pm and the celebration will continue through to 6:30pm. The event is open to anyone who wants to celebrate Jason or learn more about how the RAC can help them, or their workplace, reach their fitness goals. For more information about joining the RAC or a workplace wellness plan, call Chris Wagner at (269) 927-1129 or email at Cwagner@racbh.com.

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